BEHAVIORAL HEALTH PROFESSIONAL SPOTLIGHT: JACOB HENDERSON



"I was raised on a ranch in Texas and learned to love the ranching lifestyle. Having the opportunity to work with animals, and experience the beauty of our natural environment taught me a lot about human resiliency.

Growing up in such a remote area, I understood early on the value of community. This understanding led me to serving my country by volunteering with the Peace Corps in Ecuador with a focus on building better communities.

My decision to pursue a career in behavioral health comes from the idea of being involved in my community, as well as wanting to work in a field that has value and meaning.

We all have struggles and trials in life and our communities are our bedrock of support. I am fortunate to work in a field that helps connect people dealing with mental health issues and disabilities with their own communities and strengthen those bonds.