

Certified Community Behavioral Health Centers (CCBHC)

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BEHAVIORAL HEALTH
ALLIANCE OF MONTANA

TRUE OR
FALSE?

CCBHCs WILL REPLACE
MENTAL HEALTH CENTERS IN
MONTANA.

FALSE

- CCBHCs ARE A FINANCING NEW MODEL FOR PROVIDING MENTAL HEALTH CARE.
- CCBHC certification is a goal that any provider type may achieve – should the state see them fit to be one!
- Just as Community Health Centers did not replace primary care, CCBHCs won't replace mental health centers.

TRUE OR
FALSE?

- ALL CCBHCs OFFER THE SAME SERVICES.

FALSE

- WHILE CCBHCs MUST PROVIDE THE SAME BASELINE SERVICES, THE STATE – IN PARTNERSHIP WITH CLINICS - WILL CONDUCT A NEEDS ASSESSMENT FOR EACH REGION AND THE CCBHC WILL PROVIDE THE SERVICES EACH REGION DETERMINES IT REQUIRES.

TRUE OR
FALSE?

- ANY ORGANIZATIONS CAN BECOME CCBHCs.

FALSE

CCBHC has strict governance rules, and the state can even define it more specifically. SAMHSA guidance states they must be:

- A nonprofit organization*
- Part of a local government behavioral health authority
- An entity operated under authority of the IHS, an Indian tribe, or tribal organization
- An entity that is an urban Indian organization

*For profit organizations can become Designated Contracting Organizations (DCOs)

TRUE OR
FALSE?

- A CCBHC IS JUST LIKE AN FQHC BUT FOR MENTAL HEALTH.

FALSE

- While payment structures are similar (not the same), services are different, and flexibilities are more aligned with the needs of behavioral health care
- They are a group of different services that meet the client in the community, including in someone's home, as well as having the client come to them.

TRUE OR
FALSE?

- CCBHCs HAVE BEEN PROVEN TO PROVIDE MORE ACCESS IN RURAL AND FRONTIER AREAS.

TRUE

Grand Mental Health Center – A CCBHC in Rural Oklahoma has the following outcomes in 2021 compared to the baseline year 2015 –

- Inpatient hospitalizations among GLMHC adult clients at any Oklahoma psychiatric hospital fell from 959 (2015) to 66 (2021), a reduction of 93.1%
- From 2016-2021, decreases in inpatient hospitalizations saved more than \$62 million dollars.
- The number of adult clients served increased by 163.5% from 4,326 (2015) to 11,401 (2021).
- Law enforcement in seven counties saved 576 days in time spent transporting clients.
- Law enforcement in seven counties saved over \$718,000 from reductions in time and distance and spent transporting clients

SAMHSA CCBHC Expansion Grants vs. Medicaid CCBHC Demonstration

Medicaid CCBHC Demonstration	SAMHSA CCBHC Expansion Grants
Open to only 10 participating states	Open to individual clinics in ALL states and territories
Administered by state Medicaid and Behavioral Health authorities within guidelines set by SAMHSA/CMS	Administered by SAMHSA
States determine certification criteria using SAMHSA guidance as a baseline	Grantees must meet SAMHSA baseline CCBHC certification criteria
CCBHCs are certified by their states	CCBHCs are funded by SAMHSA; do not receive state certification
CCBHCs receive special Medicaid payment methodology (known as PPS)	CCBHCs receive up to \$4M; continue to bill Medicaid and other payers per usual

States can implement the CCBHC model without waiting to be added to the demonstration. CCBHC expansion grants serve as a springboard.

CCBHC GOALS

- INCREASED ACCESS TO CARE
- REDUCTION IN HOSPITAL AND ER USAGE
- FOLLOW UP AFTER HOSPITALIZATION
- ENGAGEMENT IN SUBSTANCE USE TREATMENT
- INCREASED ACCESS TO MEDICATION-ASSISTED TREATMENT FOR SUBSTANCE USE TREATMENT
- ADDRESS BEHAVIORAL HEALTH WORKFORCE SHORTAGES
- IMPROVED INTEGRATION OF CARE

New Services and EBPs

New Services

- Mobile Crisis Teams
- MH & SUD Outpatient Services
- Medication Assisted Treatment
- Weekend & Evening hours
- Peer & Family Support Services
- Screening/Monitoring Health Status & Chronic Disease

Evidence-based Practices

- Integrated Treatment of Co-occurring Disorders
- Trauma Informed Care
- Motivational Interviewing
- Tobacco Treatment Specialists
- Eye Movement Desensitization and Reprocessing

NATIONAL
COUNCIL
*for Mental
Wellbeing*

NEXT STEPS
FOR
MONTANA

- ✓ DPPHS CONDUCTS SURVEY OF INTERESTED AGENCIES
- ✓ DPPHS CAN APPLY FOR A CCBHC PLANNING GRANT THIS FALL
- ✓ 2023 LEGISLATURE MUST PASS BILL REQUIRING DPHHS TO IMPLEMENT CCBHCs

HOW YOU CAN HELP

- EDUCATE YOURSELVES ABOUT CCBHCs
- GO TO THE BHAM WEBSITE AT <https://montanabehavioralhealth.org/> FOR TALKING POINTS
- ADVOCATE TO YOUR LEGISLATORS FOR CCBHCs